



Standardiserade utfallsmått i intensivvårdsstudier

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Collaboration for Research in Intensive Care

INCEPT



Danderyds Sjukhus – I TRYGGA, SÄKRA HÄNDER



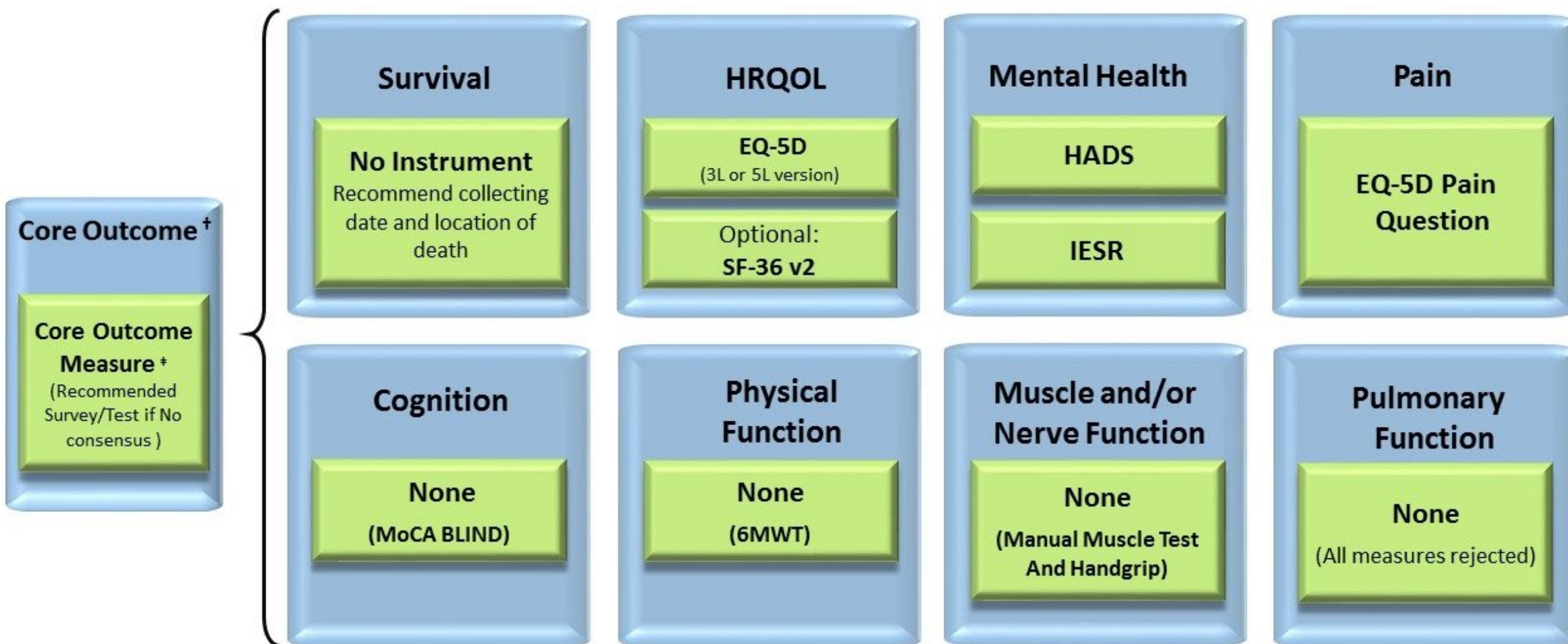
 Vi är en del av Region Stockholm

Standardiserade utfallsmått

- Jämföra och slå ihop resultat av studier i metaanalyser
- Bra i plattformsstudie, samma utfallsmått i olika domäner
- Öka patienters inflytande på forskning och utveckling



Core Outcome Set (COS) and Core Outcome Measurement Set (COMS) for Clinical Research in Acute Respiratory Failure Survivors



[†]Crit Care Med. 2017; 45:1001-1010

[‡] Am J Resp Crit Care Med. 2017;196:1122-1130.

Metod

- Litteraturoversikt
- Semi-strukturerade intervjuer
- Modifierad Delphi process: Enkät med tre rundor där deltagarna graderade föreslagna utfallsmått
- Core Outcome Measures in Effectiveness Trials Handbook
- Deltagande av tidigare patienter och närstående



Danska ”research panels”

- Fem grupper med patienter, anhöriga, kliniker och forskare
- Ca 10 personer i varje grupp, hälften patienter och närstående





Modified Delphi consensus process

International validation

Step 1

Step 2

Step 3

Step 4

Step 5

Step 6

Literature
review

329 outcomes

Involved parties:
Steering committee
and 5 Danish
research panels



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Delphi survey
with 3 survey
rounds
n=264

Semi-
structured
interviews
n=82
(9 outcomes
considered)

50 outcomes

Involved parties:
Survey and
interview
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Research
panel
meetings
across
Denmark

19 outcomes

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Step 4

Consensus
meeting on
the initial
COS

6 outcomes

Involved parties:
Steering committee

Step 5

Step 6

Danska standardiserade utfallsmått

- Överlevnad
- Antal dagar levande utan livsuppehållande behandling (andning, njurfunktion, cirkulationsstöd)
- Antal dagar levande utan medvetslöshet eller delirium
- Antal dagar levande och utskriven från sjukhuset
- Hälsorelaterad livskvalitet
- Kognitiv funktion



Internationell validering

- CRIC-nätverket bjöds in att delta i validering av de danska standardiserade utfallsmåten
- 13 länder, 21 grupper med patienter, närstående, kliniker och forskare
- Fick se alla föreslagna utfallsmått, med möjlighet att acceptera, anpassa eller förkasta





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National and
international
validation
meeting

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Involved parties:
International
steering committee,
4 Danish, and 17
international
research panels

Country	Adjusted core outcome set					
	Survival	Free of life support	Free of delirium	Out of hospital	HRQoL	Cognitive function
Australia, General ICU patient	Adopt	Adopt	Adopt	Adapt	Adopt	Adapt
Australia, Sepsis survivors	Adopt	Adopt	Adopt	Adapt	Adopt	Adapt
Czech Republic	Adopt	Adopt	Adopt	Adopt	Adopt	Adopt
Denmark (Copenhagen)	Adopt	Adopt	Adopt	Adopt	Adopt	Adopt
Denmark (Køge)	Adopt	Adopt	Adopt	Adopt	Adopt	Adopt
Denmark (Kolding)	Adopt	Adopt	Adopt	Adopt	Adopt	Adopt
Denmark (Aalborg)	Adopt	Adopt	Adopt	Adopt	Adopt	Adopt
Finland (Helsinki)	Adopt	Adopt	Adopt	Adopt	Adopt	Adopt
Finland (Tampere)	Adopt	Adopt	Adopt	Adopt	Adopt	Adopt
Iceland	Adopt	Adopt	Adopt	Adopt	Adopt	Adopt
India (Chennai)	Adopt	Adopt	Adopt	Adopt	Adopt	Adopt
India (Mumbai)	Adopt	Adopt	Adopt	Adopt	Adopt	Adopt
Italy	Adopt	Adopt	Adopt	Adopt	Adopt	Adopt
Lithuania	Adopt	Adopt	Adopt	Adopt	Adopt	Adopt ^h
Norway	Adopt	Adopt	Reject	Adopt	Adopt	Adopt
Netherlands	Adopt	Adopt	Adopt	Adopt	Adopt	Adopt
Poland	Adopt	Adopt	Adopt	Adopt	Adopt	Adopt
Sweden	Adopt	Adopt	Adopt	Adopt	Adopt	Adopt
Switzerland	Adopt	Adopt	Adopt	Adopt ^h	Adopt	Adopt
United Kingdom (Cardiff)	Adopt	Adopt	Adopt	Adopt	Adopt	Adopt
United Kingdom (London)	Adopt	Adopt	Adopt	Adopt	Adopt	Adopt
Total adopted	21 (100%)	21 (100%)	20 (95%)	19 (90%)	21 (100%)	19 (90%)
Total adapted	0 (0%)	0 (0%)	0 (0%)	2 (10%)	0 (0%)	2 (10%)
Total rejected	0 (0%)	0 (0%)	1 (5%)	0 (0%)	0 (0%)	0 (0%)



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Acceptance
of the revised
COS

6 outcomes

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Slutresultatet

- Överlevnad
- Oberoende av livsuppehållande behandling
- Inget delirium
- Utskriven från sjukhus
- Hälsorelaterad livskvalitet
- Kognitiv funktion

A Core Outcome Set for Adult General ICU Patients. Maj-Brit Nørregaard Kjær 1 2, Camilla Rahbek Lysholm Bruun 1, Anders Granholm 1 2, Morten Hylander Møller et al. Crit Care Med. 2025 Mar 1;53(3):e575-e589.



Hur och när ska utfallsmåtten mätas?

- Överlevnad 30 dagar, 90 dagar, 365 dagar
- Oberoende av livsuppehållande behandling 30 dagar, 90 dagar
- Inget delirium
- Utskriven från sjukhus 30 dagar, 90 dagar
- Hälsorelaterad livskvalitet EQ5D, RAND-36
- Kognitiv funktion mini-MoCa



Diskussion

- Frågor?
- Kontakta mig gärna!
- Maria.cronhjort@regionstockholm.se

